

週六免費興趣班課程簡介

學習從快樂探索開始

0-6歲是幼兒發展感知覺及動作發展的敏感期，亦是建立良好學習基礎的重要時期。幼兒在任何的學習過程都有賴感官輸入及肌能動作協調，互相配合以發揮最大果效。本課程透過循序漸進且多元化的感知活動，提升幼兒社交能力和自信心的發展。

音樂律動繪畫班

活動教學目標：

1. 訓練幼兒的聽覺
2. 增強幼兒的節奏感
3. 促進幼兒的大小肌肉發展
4. 提升幼兒對美藝的觸覺和創意

活動教學內容：

音樂為世界共通語言，即使是幼兒亦能隨著音樂擺動感受所帶來的益處。本課程透過不同的活動，如歌唱、律動、樂器探索等，讓幼兒及其家長一起體驗和欣賞音樂，啟發音樂潛能。同時，透過訓練小朋友繪畫的基本技巧，如畫筆運用、設計構圖、顏料運用及顏色配襯等技巧。讓小朋友可嘗試運用不同顏料（油粉彩、廣告彩、蠟筆、塑膠彩…）及物料（如：綿花球、黏土、彩麗皮…）創作出具創意及特色的畫作。

歡樂舞蹈體能班

活動教學目標：

1. 訓練兒童的身體靈活性和肢體協調性
2. 增強兒童的節奏感及大肌肉發展

活動教學內容：

兒童舞蹈體能課程混合了不同的舞蹈原素，包括基本舞蹈技巧、平衡技巧、重心轉移、步法及組合動作等。本課程透過節奏明快的音樂及輕鬆活潑的舞步，訓練幼兒認識音樂節拍、身體的協調性及團隊的合作性，同時讓幼兒置身一個自由及愉快的課堂中，鍛鍊身體及發揮潛在之創意。

Introduction of Saturday Free Interest Class

Learning begins with a happy exploration

0-6 years old is a sensitive period for the development of children's perception and movement, and it is also an important period for establishing a good learning foundation. In any learning process, young children rely on sensory input and muscle energy coordination to work together to maximize their effectiveness. This course enhances the development of children's social skills and self-confidence through a gradual and diversified sensory activities.

Musical rhythm painting class

Activity teaching objectives:

1. Train the hearing of young children
2. Enhance the rhythm of children
3. Promote the development of gross motor skill in young children
4. Enhance children's sense of touch and creativity in art

Activity teaching content:

Music is the common language of the world, and even young children can feel the benefits of swinging with music. Through different activities, such as singing, rhythm and instrumental exploration, the course allows children and their parents to experience and appreciate music and inspire music potential. At the same time, through the basic skills of training children's painting, such as brush application, design composition, paint application and color matching techniques. Let the children try to create creative and distinctive paintings using different pigments (oil pastels, advertising colors, crayons, plastic colors...) and materials (such as cotton balls, clay, and colored leather...).

Happy dance fitness class

Activity teaching objectives:

1. Train children's physical flexibility and physical coordination
2. Enhance children's rhythm and gross motor development.

Activity teaching content:

The children's dance physical fitness program combines different dance elements, including basic dance techniques, balance techniques, center of gravity shifts, footwork and combined movements. Through the rhythm of music and relaxed dance steps, the course trains young children to understand music beats, body coordination and teamwork, while keeping children in a free and enjoyable classroom, exercising and creating potential ideas.